

## Interdisciplinary Approach

Often individuals with catastrophic injuries or spinal cord disease must manage secondary conditions that accompany paralysis. And when care is not a coordinated team approach, those conditions can reduce quality of life and in some cases become life-threatening. Thus, care for individuals with spinal cord injury or disease requires a holistic approach. Collaboration among a multidisciplinary team of health professionals is critical.

For seven years, Summit has promoted such an approach by convening physicians, nurses, psychologists, social workers, therapists, researchers, pharmacist, dietitian, and educators to present best practices and evidence-based models and to share with their peers who experience similar challenges, and can exchange knowledge and experiences that advance SCI/D care.

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